

Cal-GETC Major Advisement Sheet

Name: _____ SURF ID: _____ California General Education Transfer Curriculum (Cal-GETC)
Date: _____ Fall 2025–Summer 2026

AREA 1—English Communication

Three courses and a minimum of 9 semester or 12 quarter units are required. Select **one course from each group** (1A, 1B, and 1C):

1A. English Composition (a minimum of 3 semester or 4 quarter units)	C	IP	N
ENGL C1000			
1B. Critical Thinking & Composition (a minimum of 3 semester or 4 quarter units)	C	IP	N
ENGL C1001/C1001H, 201/201H; PHIL 100			
1C. Oral Communication (a minimum of 3 semester or 4 quarter units)	C	IP	N
COMM C1000			

AREA 2—Mathematical Concepts & Quantitative Reasoning

One course and a minimum of 3 semester or 4 quarter units are required. Select **one** of the following courses:

	C	IP	N
BTEC 180; BUS 204; CSIT 123; MATH 112, 115, 126, 126S, 131, 135, 150/150H/150S, 155, 260; PSYC 104/104H; SOC 125; STAT C1000/C1000E/C1000H			

AREA 3—Arts & Humanities

Two courses and a minimum of 6 semester or 8 quarter units are required. Select **one course from each group** (3A and 3B):

3A. Arts:	C	IP	N
ART 104, 157, 158, 159, 201, 234, 254, 258, 259, 260/260H, 290			
DESN 107, 108			
DNCE 100, 101, 105			
DRAM 105, 134, 222			
FILM 101/101H, 106, 111, 112			
MAT 105			
MUS 112, 113, 114, 115, 116, 119			
3B. Humanities:	C	IP	N
ART 159			
CCS 232			
COMM 215			
DESN 108			
DNCE 104			
FILM 111, 112, 211, 212			
FREN 121, 201, 202			
GRMN 121, 201			
HIST 100/100H, 101/101H, 103, 104, 115, 116, 141, 142, 145, 146, 165			
HUMN 101, 201, 202, 205			
ITAL 121, 201, 202			
JAPN 121, 123, 201, 202, 210			
LIT 100, 101, 120, 122, 250, 251, 260, 261, 265, 270, 271			
MAT 105			
PHIL 101/101H, 102, 221			
RELG 101/101H, 103, 105			
SOC 232			
SPAN 201, 202, 205, 221, 222			

AREA 4—Social & Behavioral Sciences

Two courses and a minimum of 6 semester or 8 quarter units are required. Select **two** courses from **two** academic disciplines:

	C	IP	N
ADM 100, 200			
ANTH 102, 103, 104, 105, 107, 120, 190			
BLST 100			
CCS 100, 232			
CHLD 112, 113, 210, 235			
COMM 120, 135, 220			
CSIT 160, 165			
ECON 100, 101, 102			
ETHN 207			
GEOG 102, 104, 108			
GERO 101, 250			
HIST 100/100H, 101/101H, 102, 107, 110/110H, 111/111H, 113, 115, 116, 117, 141, 142, 145, 146, 165			
NUTR 108			
POLS C1000, 101/101H, 103, 150			
PSYC C1000/C1000H, 100, 103, 114, 115, 121, 125, 145, 170, 211			
SOC 101/101H, 102, 103, 105, 120, 130, 140, 145, 207, 232, 250			

AREA 5—Physical & Biological Sciences

Two courses and a minimum of 7 semester or 9 quarter units are required. Select **one** course from group 5A and **one** course from group 5B. One course must include a corresponding laboratory. (Lab courses are highlighted.)

5A. Physical Science:	C	IP	N
ASTR 101, 101L, 120			
CHEM 103, 103L, 112, 115, 116, 140, 150, 151			
EART 106			
GEOG 101, 101L			
GEOL 101, 101L			
OCEA 101/101H, 101L			
PHSN 106			
PHYS 111, 112, 151, 152, 253			
5B. Biological Science:	C	IP	N
ANTH 101/101H, 101L, 105, 190			
BIO 102, 103, 104, 105, 107, 108, 108L, 110, 111, 111L, 202, 204, 220, 230			
HORT 115, 116			
PSYC 260			

AREA 6—Ethnic Studies

One course and a minimum of 3 semester or 4 quarter units are required. Select **one** course from the following:

	C	IP	N
BLST 100; CCS 100, 232; ETHN 100, 207; SOC 207, 232			

CSU American Institutions Graduation Requirement

US History, Constitution, and American Ideals:

Complete **one** course from Group I **and** **one** course from Group II, **or** complete the course in Group III.

	C	IP	N
Group I: HIST 110/110H, 116, 141, 145			
and			
Group II: HIST 111/111H, 117, 142, 146, 165			
or			
Group III: POLS C1000			

IMPORTANT INFORMATION

This general education certification pattern can be subject to change year by year, but students are assured that courses taken to meet this pattern will be honored if they are approved for the academic year that the course is completed. **Courses on this list are approved effective fall 2025 and are valid through summer 2026.**

Certification of this general education pattern is advantageous to most transfer students, but it is not a UC or CSU admission requirement except when students are completing an Associate Degree for Transfer to a California State University. Students are strongly advised to work with a MiraCosta College counselor to develop an educational plan that includes general education and major preparation coursework specific to their intended UC or CSU campus.

Partial certification of Cal-GETC is not permitted.

Credit will not be awarded for both the honors and non-honors version of a course.

Courses listed in two different areas may be used in either area but not both.

All courses on Cal-GETC must be completed with a "C" or better. A "P" (pass) is acceptable, but no more than 14 transferable semester units may be completed on a pass/no pass basis.

UC credit may be limited for some courses. For example, no credit is given for an introductory course if it is taken after a more advanced college course. Credit may also be limited for courses with overlapping content. UC credit limitations are noted in course descriptions.

LEGEND: C=Completed IP=In Progress N=Need

PROGRESS: Total Units Completed:

In Progress:

Need:



Cal-GETC Frequently Asked Questions

California General Education Transfer Curriculum (Cal-GETC)

What is Cal-GETC?

California General Education Transfer Curriculum (Cal-GETC) is a pattern of courses that students can complete at MiraCosta College to fulfill general education requirements at a University of California (UC) or California State University (CSU) campus.

Is Cal-GETC required for transfer to a UC or CSU campus?

No. No. Cal-GETC is not an admission requirement for transfer to either the UC or CSU, nor does completing it guarantee admission to the campus or program of choice. Cal-GETC may not be best for students in high unit majors such as math and sciences, and some UC campuses will not accept Cal-GETC for certain majors. Cal-GETC is an alternative to completing the lower-division general education or breadth program at a CSU or UC campus for many transfer students but not all.

What are the minimum UC requirements for an upper-division transfer student?

1. Complete 60 semester (90 quarter) units of transferable college credit with a grade point average (GPA) of at least 2.4.
2. Complete the following course pattern requirements, earning a grade of "C" or better in each course: two transferable college courses (3 semester units each) in English Composition; one transferable college course (3 semester units) in Mathematical Concepts and Quantitative Reasoning; four transferable college courses (3 semester units each) chosen from at least two of the following subject areas: Arts and Humanities; Social and Behavioral Sciences; Physical and Biological Sciences.

Completion of Cal-GETC will fulfill the requirements listed under section 2.

What are the minimum CSU requirements for an upper-division transfer student?

1. Complete 60 semester (90 quarter) units of transferable college credit, of which 30 semester (45 quarter) units are at a level equivalent to general education courses.
2. Attain a GPA of 2.0 or better across all transferable college courses attempted. In high-demand majors and campuses, a higher GPA may be required.
3. Be in good standing at the last college or university attended. "Good standing" means you are eligible to re-enroll at your last college or university.
4. Complete one course in each of the following four areas with a grade of "C-" or better:

Area 1A—English Composition

Area 1B—Critical Thinking and Composition

Area 1C—Oral Communication

Area 2—Mathematical Concepts and Quantitative Reasoning

What is certification of Cal-GETC?

"Certification" refers to official notification from MiraCosta College that a student transferring to any UC/CSU campus has completed courses fulfilling lower-division general education requirements. To obtain certification, students must complete the entire Cal-GETC course pattern with a grade of "C" or better in each course. "Certification" means the student will not be required to complete additional lower-division general education courses after transfer.

Can I get partial certification of Cal-GETC?

No.

Can Advanced Placement test scores be applied to Cal-GETC?

Yes. Students may earn Cal-GETC area credit for acceptable AP scores. Applying AP credit toward a major requirement will vary by UC/CSU campus. Please see a MiraCosta College counselor when using AP credit for transfer.

What are the methods that can be used to meet the Language Other than English (LOTE) requirement for the UC?

Any of the following: completion of one semester of a language other than English at MiraCosta College; score of 3 on the Foreign Language AP test; satisfactory score on SAT II subject test; score of 5 or higher on the International Baccalaureate Higher Level Examination; score of 5, 6, or 7 on the "A" level exam; grade of A, B, or C on the "O" level exam; official records that verify completion with grades "C" or better of two years of formal schooling at the 6th grade level or higher in an institution where the language of instruction is not English; satisfactory completion of a proficiency test administered by a community college, university, or other college in a language other than English.

Does the UC have a US History, Constitution, and American Ideals graduation requirement?

Yes. Most students will satisfy this requirement through one year of US history or one half year of US history and one half year of US government in high school completed with a "C" or better (UCLA requires a "B") or a college-level course.

Can I complete Cal-GETC coursework at more than one college?

Yes. MiraCosta College will certify courses taken at other California community colleges. These courses will be placed in the same Cal-GETC category identified at the offering college. Courses taken at other regionally accredited colleges/universities that do not have a Cal-GETC pattern may be used on Cal-GETC if the course is comparable to an approved Cal-GETC course at MiraCosta College or another California community college. **Foreign coursework is not acceptable for Cal-GETC.**

Can a course be used to satisfy a Cal-GETC area and a major requirement?

Yes.

What if I have a mixture of quarter and semester unit courses? How is this calculated for certification?

It will be calculated to the student's advantage per area, using either semester or quarter units. To convert semester units to quarter units, multiply the semester units by 1.5. To convert quarter units to semester units, divide the quarter units by 1.5.

MiraCosta College Associate Degree Frequently Asked Questions

Can I use Cal-GETC to earn an associate degree?

Yes. Cal-GETC certification will satisfy the MiraCosta College general education requirements for an associate degree.

What are the other requirements to earn an associate degree when I complete Cal-GETC?

- **Unit/GPA**—60 degree applicable units with a minimum 2.0 GPA
- **Residency**—12 units completed at MiraCosta College
- **Major**—18 units with a letter grade of "C" or better or "P" if taken on a pass/no basis.

Can I use Cal-GETC to obtain a Certificate of Achievement?

Yes. Certification earns a Certificate of Achievement in Cal-GETC.